



**Lariano Trekking Camp
June 25th – July 8th 2017**



Host Country / Club

ITALY / Rotary Club:

Appiano, Cantù, Como, Como Baradello, Erba Laghi, Saronno

Aim of Camp

Trekking on the Como Lake mountains

Program

Trekking on the Como Lake mountains

During these two weeks you will be guided to discovery of our region, through trekking on the beautiful mountains of Como Lake and the surrounding area of it

easy walking mountain paths have been selected for three days, the fourth one is a resting day: the final excursion & activities calendar will be issued within the end of March

Application before

20th April 2017

Participants

Total of 12, 6 boys and 6 girls

Limited to one participant per country

Age

16 - 18 years

Language

English – good level

Accommodation

Opera Don Guanella

Via Tommaso Grossi 18

22100 Como

Tel +39-031-296711

<http://www.guanellacomo.it>

Youngsters will be hosted all together in a school college, three/four bed

rooms. During the night a surveillance service will be provided

Clothing

Robust trekking boots (MANDATORY, if you do not have them, you might not be allowed to take part in some excursions)
Knapsack for mountain tour
Light wind jacket (waterproof)
Long and short trekking pants
Bathing costume
Underwear for mountain conditions (about 2000 mt height)
Waterproof hat or hood, light mountain mantle
Sunglasses
Sleeping bag is useless: we will provide a light bed bag

Eating

we will provide all meals: at lunchtime when walking it could be just a snack, dinner in the college refectory when at home or in mountain huts during excursions

Guiding

Two or three experts will guide the group every day.
You are strongly required to stay on group, under the guide permission only it is possible to do anything else

Payment

150 Euro, via bank transfer, due at confirmation
Bank details will follow directly to applicants

Arrival

Sunday - June 25th, 2017 (preferably in the afternoon)

Departure

Saturday - July 8th, 2016
Airport Milan Malpensa (preferred)
Alternative Milan Linate
Railway Milan Central Station
Rotary Club rep's will provide for welcome and escort service from/to airport/station

Transportation

private or public, will be provided by us

Contact

Marta Pessina - via Guaita, 16 - 22070 Vertemate (Como)
marta.pessina@alice.it - +39 335 7732706

Laura Brianza - P.za Santa Maria Solaro 6 - 22076 Mozzate (Como)
laura@abcbrianza.it - +39 335 7908904

INSURANCE

As per Rotary rules, all participants must be insured against liability for damage to properties or people and in case of need of medical care according to what Rotary Code of Policy states. This insurance is MANDATORY , **we will not accept students who cannot prove they have one.**

Please ask your Rotarian officer if outbound students are already insured by the sending district. In case they are not, and you have a personal insurance, you have to check if it meets the minimum required amounts.

Should you not have an insurance, you have to apply for it, directly to the Italian Larizza Consulting Assicurazioni, approved broker for D2041/2.

We will provide all details for it to applicants directly.

Please send us copy of the insurance as soon as you have it.

For your reference, please find herewith minimum requests as per RI Code of Policy

- a) Provide coverage on a 24-hour basis from the time the student leaves their home until they return home inclusive of any personal travel before and/or after the agreed exchange period
- b) Be valid in all countries in which travel will take place with the exception of student's home country
- c) 24-hour emergency assistance services
- d) US\$1,000,000 for expenses related to injury or illness such as hospital, doctors/physicians, dentist, ambulance or other usual and customary medical services
- e) US\$100,000 for accidental death, dismemberment, or disability
- f) US\$50,000 for necessary emergency transport or evacuation of student in the event of severe illness or bodily injury
- g) US\$50,000 for repatriation of student's remains or cremation expenses in the event of the death of the student
- h) US\$50,000 for necessary emergency transport or evacuation of student in the event of a non-medical emergency, including due to a political crisis or a natural disaster

SCHOOL RULES FOR THE GUESTS OF THE OPERA DON GUANELLA

Dear Guests,

We would like to ask you to read and accept the following rules, in order to respect the educational aim of the Opera Don Guanella

*It is necessary to show a correct behaviour and to be respectful to people and things.

*Smoking is somehow tolerated, but we generally discourage it.

*Drinking alcoholics and using drugs is absolutely not allowed.

*The person responsible for the group or every person of the group, in case the culprit won't be identified, will be charged for any damage to the dormitory.

*It is mandatory to stay in your room from 22:30 to 7:00, keeping quiet.

The General Director gives educator staff the responsibility of managing these regulations. The hospitality can be officially interrupted at any time in case the school rules aren't respected.