



România-Republica Moldova

Rotary Club Bistrita Nosa

YOUTH EXCHANGE PROGRAM

Summer camp

COUNTRY / CLUB: ROMANIA / Rotary Club BISTRITA NOSA; DISTRICT 2241

MOTTO: "NATURE & CULTURE"

PROGRAM: see the appendix

PARTICIPANTS: 10 young people, one participant from each country, boys and girls

AGE: 14 to 17 years old

LANGUAGE: English

ACCOMODATION: in cottages

FOOD: Romanian cuisine, vegetarian food is served if it is announced in advance;

COST: Registration fee: 150 Euro paid after the confirmation in the bank account:

RO21 BTRL 0060 2205 L956 63XX

Banca Transilvania (Transilvania Bank) in Bistrita,

SWIFT: BTRL RO22 BNA

Rotary Club Bistrita Nosa

INSURANCE: Participants will benefit of a health and accidents insurance while they are in the camp.

Participants are advised to have their own health and accidents insurance, baggage loss insurance and social liability insurance that will cover the travel time, before and after the camp, according with Rotary International regulation;

ARRIVAL: Cluj Napoca airport – July 21st, 2014

DEPARTURE: Cluj Napoca airport – August 1st, 2014

VISA: Participants who are not from EU countries, will need to obtain their visa.

TERMS OF PARTICIPATION: Good health condition; good physical condition;

SUGGESTIONS: It is advisable to bring - the national flag and the pennant of the sponsor club and mountain equipment - (hiking boots (not shoes), warm clothes, hats, raincoat, sleeping bag, backpack and flashlight).

Registration of The Applications (EMMA) - scanned in PDF - should be sent electronically by candidates: until May 3, 2014, e-mail: mic_marin@hotmail.com. Registration respects the principle "first request, first served" and it will be accepted after the payment is done.

Additional information:

- 0040744 866806, Marin MIC, or
- 0040 723 296675, Marsineta Vaida,

Program

Day 1, Monday, July 21. Participants arrive on Cluj Napoca airport and will be taken by members of Rotary Club Bistrita Nosa by car or bus (depending on arriving time).
 - socialization activities, entertaining, games

NOTE:there will be another 15 Romanian participants of the same age , placed in the camp at the same time.



Day 2, Tuesday, July 22. Participants will find out what are the objectives and activities of the camp of the organization that runs it, Tasuleasa social (<http://tasuleasasocial.ro/index.php?lang=en>). They will talk about the importance of voluntary work, importance of environment protection, using interactive games. They take a short walk trip on the mountain.

NOTE: activities will be run by local volunteers, some of the members of INTERACT Club Bistrita.

- socialization activities, entertaining, games



Day 3, Wednesday, July 23. Participants will begin to visit and discover „The Pedagogical Forest” from the camp.

NOTE: run by local volunteers, some of them members of INTERACT CLUB Bistrita.

- socialisation activities, entertaining, games



Day 4, Thursday, July 24. In the first part of the day, participants will continue to explore „The Pedagogical Forest”.

In the second part of the day they will visit the city of Bistrita.

Meeting of Rotary Club Bistrita Nosa and have dinner together.

NOTE: coordinated by rotarians and local volunteers, some of them members of INTERACT CLUB Bistrita.

Day 5, Friday, July 25. Trip in the area:
 - Nasaud to visit museum of frontier guards

(<http://www.bistrita-nasaud.djc.ro/ObiectiveDetalii.aspx?ID=1763>)

- Sangiorz Bai, to visit the museum of compared art(<http://www.bistrita-nasaud.djc.ro/ObiectiveDetalii.aspx?ID=1764>).

NOTE: information about local habits and traditions.

- socialization activities, entertaining, games



Day 6, Saturday, July 26.

- Everybody will participate in a voluntary activity.

NOTE: the transportation and materials will be provided by the coordinators of the camp.

- socialization activities, entertaining, games



Day 7, Sunday, July 27. The theme of the day is: „*What is a National Parc and what are its functions?*“. There will be debates and interactive games.

- socialization activities, entertaining, games

Day 8, Monday, July 28. Trip to National Parc of Rodna mountains or National Parc of Calimani mountains.

NOTE: with alpine guide and the support from rescue rangers.

- socialization activities, entertaining, games

Day 9, Tuesday, July 29. Everybody will participate in a voluntary work activity.

NOTE: transportation and materials provided by organizers

- socialization activities, entertaining, games

Day 10, Wednesday, July 30. Art workshop or free time (depending on participants choice). The participants will begin to prepare a show for the last evening.

NOTE: written and directed entirely by the participants.

- socialization activities, entertaining, games



Day 11, Thursday, July 31. Participants will continue to work and rehearse the show during the day and present it in the evening.

NOTE: with participation of Rotarians.

- socialization activities, entertaining, games

Day 12, Friday, August, 1st: Breakfast, travel to Cluj Napoca airport and leaving back home.

NOTE: transportation will be provided by Rotarians, with different cars or with a bus, depending on flight time.

