



YEP 2020

Rotary Club Bistrita Nosa

YOUTH EXCHANGE PROGRAM
Summer camp

Country / CLUB ROMANIA / RC BISTRITA NOSA DISTRICT 2241

“VIA TRANSILVANICA - VOLUNTEERING AND HIKING IN THE HEART OF TRANSYLVANIA”



MOTTO	Volunteering and environment training camp
PROGRAM	See appendix
Participants:	12 to 15 youngsters, one from each country
Age	15-18 years old
Language	English, fluent
Accommodation	In mountain cottages in Tasuleasa, boys and girls separately.
Food	Romanian and European dishes. Vegetarian menus can be served upon request
Costs/fees	190 euro / person / camp ; participants will also cover their flight costs to and from their country of origin to/from the airport in Cluj-Napoca.

The fee shall be paid into the account:

RO69BTRL00604205L95663XX EUR;
 SWIFT: BTRLRO22 branch code BNA
 Banca Transilvania Bistrita,
 Rotary Club Bistrita Nosa

Insurance Participants will benefit from a health and incident insurance while they are in the Camp; the insurance is provided by Tasuleasa Social, the partner in this program. Participants are advised to have their own health and accidents insurance, luggage loss insurance and social liability insurance that will cover the travel time, before and after the camp, according with Rotary International regulation;

Arrival Cluj Napoca – July 23 , 2020

Departure Cluj Napoca – July 30 , 2020

Terms/requirements for participation Good health and Good physical condition;

Individual equipment Mounteneering equipment: mountain boots (not fancy shoes), jackets, warm clothes, caps, rain coat, , backpack, lantern

Obs: Participants may carry a day’s food and clothing on the mountain, and a part of the common equipment (primus, fuel, etc)

Applicant registration **To be made before May 31, 2020**

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Program

Day 1, July 23 . - Arrival on Cluj Napoca airport; participants shall be taken from the airport by members of the Rotary Bistrita Nosa club and they shall be transported by car to the camp in Tasuleasa (<http://tasuleasasocial.ro>), in Piatra Fantanele, near the Tihuta pass, (approx. distance from Cluj 165 km, which would take around 2 h and 30 min, including a break); accomodation, entertainment, dinner



Day 2, July 24 . Presentation of the Tasuleasa organization, its projects and the camp rules; There will be discussions about volunteering and environmental concerns of the Association, and and introduction to various educational games on environmental issues; Games will be followed by hiking on Mount Tasuleasa, in order to promote walking and mountain stories about nature and its beauty; in the evening projections of animations and videos made by a Tasuleasa volunteer

NOTE: activities will be run by local volunteers socialization activities, entertaining, games



Day 3, July 25 . Start of the volunteering activities of the camp, on the road “ Via Transilvanica” www.viatransilvanica.com

NOTE: All activities will be carried out with help from the camp volunteers

Day 4, July 26 volunteering activities on the road Via Transilvanica Participants will begin to visit and discover „*The Pedagogical Forest*” in the Tasuleasa camp

Day 5, July 27 Participants will discover „*Via Transylvanica*” in the Tasuleasa camp.

Day 6, July 28 Theme of the day: “*What is Via Transilvanica?*” *description and function* – Trip on Via Transilvanica the National Park „Rodnei Mountains” / „Calimani Mountains”

NOTE: Mountain guide, participation of mountain rangers



Day 7, July 29 Participants will be taken in a tour to visit the town of Bistrita, accompanied by a tourist guide; in the evening participants will take part in the Rotary Bistrita Nosa meeting, followed by a dinner with the Rotarians.

Note: At the tour in Bistrita and the RC meeting, participants will be accompanied by members of Interact Bistrita.

- socialization activities, entertaining, games, camp fire

Day 8, July 30

Departure to Cluj Napoca, according to the flight schedule.

NOTE: transportation will be provided by Rotarians, by cars or by b



The above program may undergo changes according to the wishes of the participants and of course the weather conditions which may aggravate or alleviate or even may reschedule activities.